



Patient Instructions

Pediatric Urethral Meatotomy

Your child has had a urethral meatotomy, which involves incisional enlargement of the external urethral meatus. The procedure is done to relieve stenosis or stricture. There may be some discomfort with urination for one or two days. There may be one or two stitches by the meatus. They will dissolve and will not have to be removed. You may see blood in the urine with the first few voids. These are all normal occurrences after this procedure. You can use the pain medication your doctor has prescribed for any discomfort your child may have.

Your nurse will show you how to apply ointment to the end of the penis. You will need to apply the ointment 4 times daily or with every diaper change. This should be done until your follow up appointment with doctor. He may have a sponge bath, or quick shower. No soaking tub baths or swimming until after follow up appointment with doctor (at least 1 week).

Please feel free to call our office 249-3900 and speak with a triage nurse if you should have any problems or questions.