



Patient Instructions

Urethral Meatotomy

A urethral meatotomy involves incisional enlargement of the external urethral meatus. The procedure is done to relieve stenosis or stricture. There may be one or two stitches by the meatus. They will dissolve and will not have to be removed. There may be some discomfort with urination for one or two days. You may see blood in the urine with the first few voids. These are all normal occurrences after this procedure.

You will need to apply ointment to the end of the penis 4 times daily. This should be done until your follow up appointment with doctor. A shower is ok, but no soaking tub baths, hot tubs or swimming for one week post operatively.

Please feel free to call our office 249-3900 and speak with a triage nurse if you should have any problems or questions.