



Patient Instructions

Cystolitholapaxy

Bladder stones are removed during a procedure called a cystolitholapaxy. A small telescope with a camera at the end (cystoscope) is inserted through your urethra and into your bladder to view the stone. Your doctor then uses a laser to break the stone into small pieces and flushes the pieces from your bladder.

You may go home with a catheter. The catheter could remain in place for 2 days to 2 weeks. You may feel like you have to empty your bladder with your catheter in, especially when you are waking up from anesthesia. You may experience bladder spasms (feeling the need to urinate or cramping) with the catheter in. We will teach you how to care for the catheter before you leave the surgery center.

You may have blood in your urine (pink-red). It should clear in 2-3 days. You may also feel burning when you pass urine for 1-2 days. You may take Tylenol® for relief. Your doctor will order stronger pain pills for you, if needed. Drink plenty of fluids (6-8oz glasses). Contact your doctor if your urine becomes thick/dark, if you are unable to empty your bladder or you have large blood clots.

Please contact 249-3900 and ask to speak with a triage nurse if you have any problems or questions.